

Social isolation as a key factor of mental diseases of people in international Buddhist organisations

Anne Iris Miriam Anders

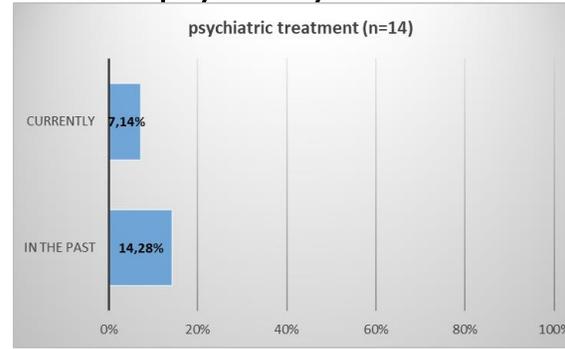
Social isolation and mental diseases in Buddhist groups
1. diagnosed with posttraumatic stress disorder, depression, anxiety disorder or psychosis
2. testimony of breakdowns and suicides

Design : 19 probands from Buddhist groups and Buddhist-counsellor- and -psychotherapist-training (in two questionnaires)

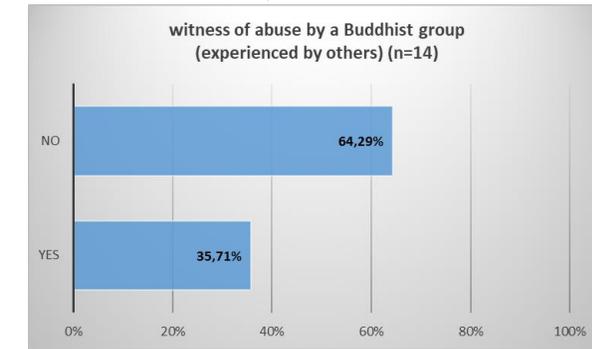
Methods: quantitative and qualitative data

Results: psychotherapy

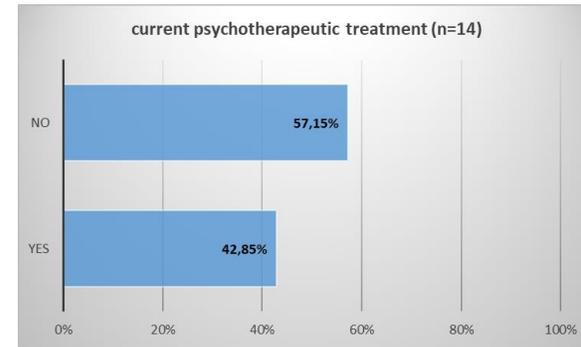
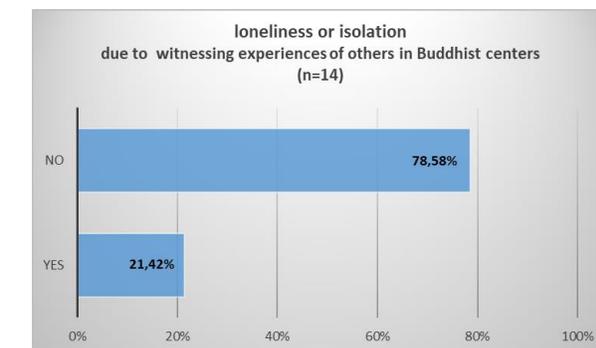
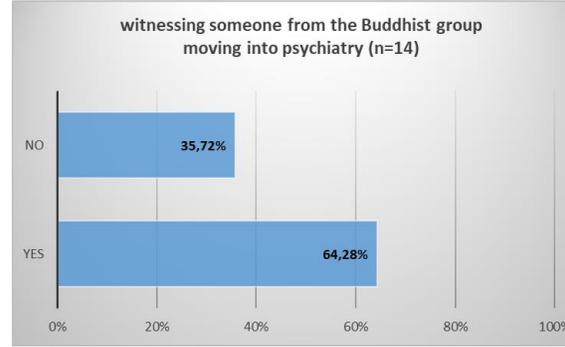
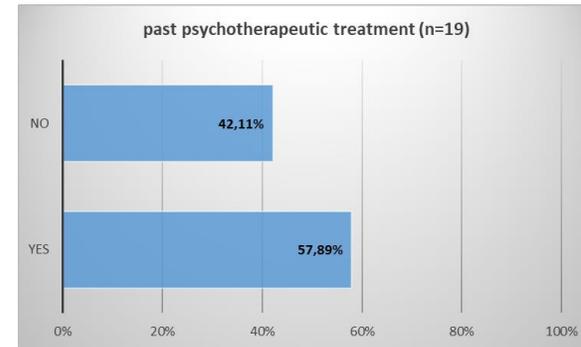
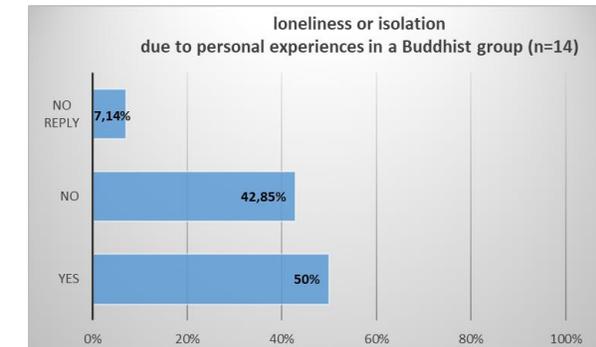
Results: psychiatry



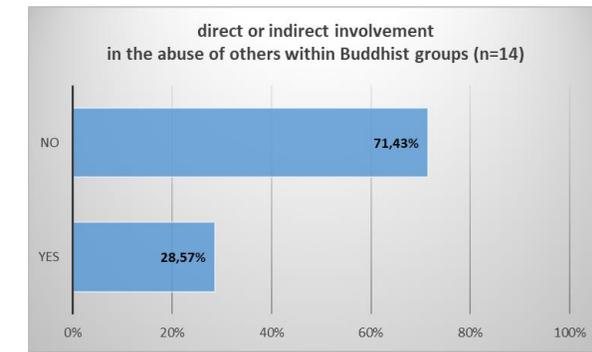
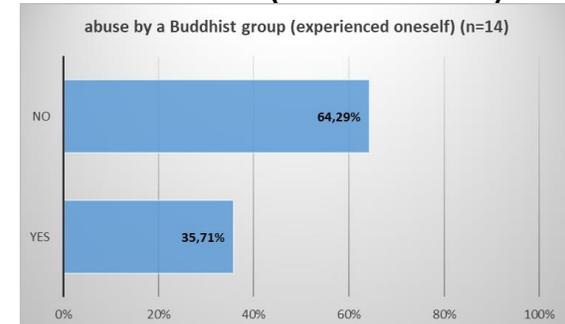
Results: abuse (involvement/ witness)



Results: social isolation



Results: abuse (victimization)



Conclusion

Beyond the individual history, it is essential to understand cross-group damaging factors and structural issues.

Grant reference number: 01UL1823X